



Chapters 13-16

Putting Learned Skills into Practice

Perception is Everything

Suggested Duration: 1 to 2 50 min. periods, plus follow up throughout the unit

Lesson Objectives

Students will continue to learn that their thoughts (or how they perceive reality) directly affect their behaviour. This is the case regardless of the degree to which thoughts are true.

Summary of Tasks/Actions

Lesson Planning/Suggested Actions:

- 1) Disseminate the attached worksheet for students to complete.
- 2) Note that there are two blank boxes at end of the worksheet. Students are invited to think of their own potentially distorted thoughts and corresponding behaviour.

Materials/Equipment:

- Attached worksheet

PERCEPTION IS EVERYTHING

After reading what each character is thinking, identify how they may behave based on this perception. At the end, identify some distorted thoughts you may have and how these thoughts may affect your behaviour.

Thought	Behaviour
Harry thinks the Grim is following him around	
Ron believes that Hermione does not respect him because she fails to stop Crookshanks from attacking Scabbers	
Harry believes that he saw a dementor and that he was able to defeat it since he was successful at conjuring a Patronus	
Harry is convinced that he will be in trouble for using magic outside of Hogwarts	
Ron believes that Hermione is a kind person	
Snape thinks that he has finally gotten Harry expelled	
I'm never going to do well on this test	

Thought	Behaviour
My friend must be angry with me because she didn't say 'hi' to me today	