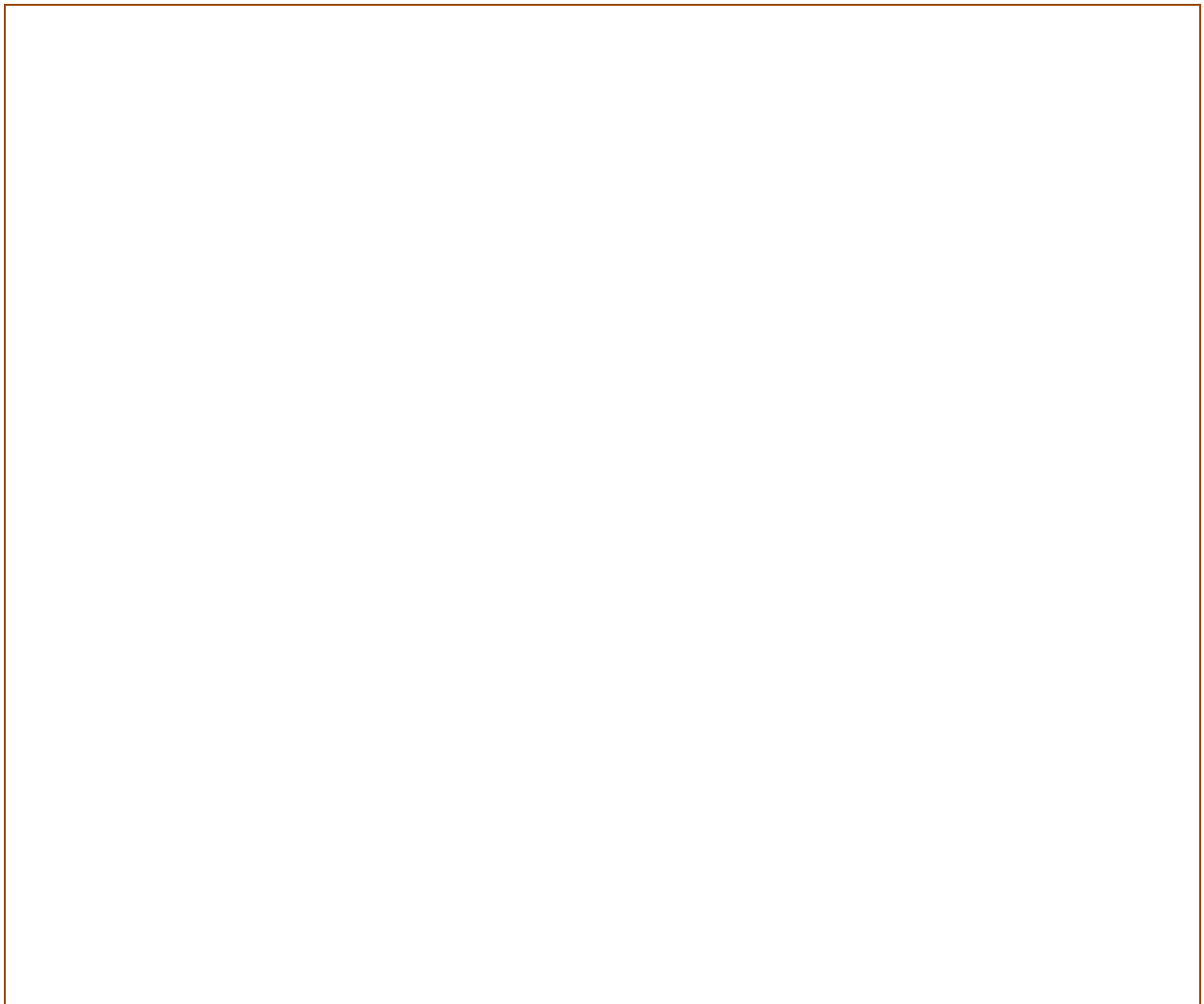


COGNITIVE DISTORTIONS

(“THINKING ERRORS”)

Describe the cognitive distortions in this chapter. Consider thoughts from Harry and Professor Trelawney. If possible, label the type of distortion.

A large, empty rectangular box with a thin black border, intended for the student to write their analysis of cognitive distortions from the chapter.